

Jesus' Healing Hands

vs. demonic healing techniques through hands



João Carlos da Silva Dias

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Preface of Father Manuel Vieira

The Lord has been blessing our Professor João Dias with His gifts.

Blessed be God for the action of the Holy Spirit Who works so powerfully in the “Spiritual Retreats” conducted by Professor João Dias. I am a privileged witness of great conversions and inner healings when hearing the confessions of thousands of people in these retreats. Moreover, many penitents have also told me about several healings that the Lord had operated in them through Professor João Dias prayer and laying on of hands.

I thank the Lord for also being blessed with two healings: one in my left ear and another in my prostate. During the prayer which took place on the 24th August 2013 in Moledo, the Lord said through a vision during the Adoration to the Most Blessed Sacrament that He was healing a man's ear. Then He repeated, through yet another vision, that He was healing a man in his prostate. I was identified as the person who was being healed. In fact, because of my left ear I had many difficulties hearing people in confessions and I had to go many times to the toilet due to my prostate. Now, after this retreat I can testify that I feel and benefit of great improvements in my left ear and prostate with which the Lord has blessed me after Professor João Dias' prayer with faith. I can hear people better in confession and I don't need to go to the toilet so often.

The crowds were searching for Jesus who welcomed them and healed all who were sick or were tormented by the devil. This “expression” of God's love is very important. It is urgent to enlighten Christians who seem to be ignorant of the love of Jesus for those who suffer and which is shown in many pages of the Gospel. Maybe the Church is neglecting this mission that Jesus gave.

This second book of our Professor João Dias is most welcome. It is very appropriate to make us aware of the need to

have confidence in the love of God, the only One who has the power to set us free and to heal our sufferings. Moreover, it is also important to denounce the “false gods” and agents that the devil uses to defraud us. It is impressive how he builds a well-established network to deceive the unwise. The testimonies here presented confirm the “Promises” of the Gospel: only Jesus has the power to heal.

Father Manuel Vieira

Emeritus Parish Priest of “Nossa Senhora da Anunciada”
Church, Setúbal, Portugal

25th January 2014

Preface of Father Lourenço Mascarenhas

I know Prof. João Silva Dias, the author of this book, very well from 2003 when he was “touched” by the Grace of God, during one of my retreats in Lisbon, Portugal. Prof. João Dias had organized in 2004 a retreat for me at the Salesian School of Estoril and had witnessed a great manifestation of the power of the Holy Spirit. He is Professor at the “Instituto Superior de Agronomia” of the University of Lisbon and a “man of God”, he is married and has two wonderful daughters. He has been preaching numerous Charismatic retreats and has taken upon himself a mission to testify and give teachings on his personal conversion and Grace of the Holy Spirit, in several places in Portugal, Germany, India, Tanzania, Zimbabwe and Angola. Prof. João Dias has collaborated with different Charismatic Priests – Portuguese and foreign, and is actively involved in the ministry of healing and deliverance. He had preached in Goa at Panjim and Pilerne in 2013 and he will preach this year again in Panjim, Margao and Pilerne. His retreats in Goa have left evidence of true conversions, miracles and wonders. I hope he returns here soon for more retreats.

He has written a book entitled “Effusion and Rest in the Holy Spirit”, that is very interesting and clear and which proves that the Holy Spirit is active in the Church healing and liberating all those who seek God.

In this present book “Jesus’ Healing Hands vs. demonic healing techniques through hands”, he explains in detail the concept of healing; that we all need healing and shows clearly how the healing hands of Christ Jesus, extended in the Church through the hands of his Ministers via the Sacraments, and Divine teachings and prayers through his Disciples bring about genuine and authentic healings. He exposes the false techniques which are prevalent in the world today, which mislead people suggesting false doctrines and teachings. He warns us to beware of such false doctrines and even discusses the consequences that can befall us due to these

“false doors” which through these techniques are open to demonic spirits. Jesus Christ, the true God and true Man, is the only Anointed one of God - the real Gate - whose Hands have the true healing power to deliver us and lead us to Life, and green pastures (Jn 10:9). The Church in the power of the Holy Spirit continues this healing mission of Jesus Christ as handed down by the Healing Master and Lord. Through this book, we are called to strengthen our Faith in one true God and avoid evil ideologies and techniques even on experimental basis, thus avoiding the disastrous results for us and to our future generations. The testimonies mentioned in this book are impressive and life changing. All glory to God through His son Jesus Christ.

The book makes an excellent spiritual reading and is an in-depth treatise to rediscover the healing treasures in the Catholic Church. It will help readers to know the Person of Jesus Christ and increase their Faith in Him and give up, in case they are involved, all false teachings which are prevalent nowadays, since “Jesus Christ is the same yesterday, today, and forever” (Heb 13:8) and “in Him alone we find Eternal life” (1 Jn 5:12).

We congratulate Prof. João Dias for such an excellent book and we wish to all readers a good reading which transforms their life. Discover in yourself, the Master’s healing touch.

Father Lourenço Paulo Mascarenhas

Former-Professor of the Minor Seminary of Our Lady, Saligao-Pilerne, Goa, India

Parish Priest at “Cruz dos Milagres” Church, Old Goa, Goa, India.

Founder of the Community “Divine Mercy Intercessory”, Pilerne, Goa, India.

Spiritual Director of the “Divine Mercy Intercessory Retreat Centre” at Sherle, Banda, Sindhudurg, India.

February 22nd, 2014

1. Introduction

In my book “Effusion and Rest in the Holy Spirit” I explain that the Lord performs many healings in the Effusion and Rest in the Holy Spirit. These healings are mainly inner, but physical healings and deliverance can also occur. As is explained, people are healed because in the Effusion and Rest in the Spirit, they surrender and open themselves to the action and healing power of God. This book presents several testimonies collected in Catholic retreats and prayer groups, which testify to those healings. When we read the testimonies of many priests, religious sisters and lay people in the book we become ecstatic and eager to be enriched with the same blessings in the Love of God. We also see that the will of God is that we all become healthy in spirit, mind and body. People’s conversion, the real change in their spiritual life after the Effusion and the fruits of the Holy Spirit poured out upon them are the best confirmation of this fact.

But the book also refers the lack of knowledge of many Catholic priests and lay people about the Effusion and Rest in the Holy Spirit, who they criticize and oppose it, using simple intellectual arguments. Besides that, they are not prepared to live experience in the Catholic Church in order to make their own personal assessment and stop giving opinions that are against those brothers and sisters who have lived and experienced that situation.

It is also surprising that some of those Catholic priests and lay people who criticize the Effusion and Rest in the Holy Spirit accept passively the demonic techniques of “energetic” healings involving hands, such as yoga therapy, reiki, johrei and shiatsu for example. Besides these, especially in big urban centers, there are many parish centers and Catholic schools that have yoga classes, reiki sessions and other types of energetic massages or meditations.

Recently a lady, who is the national coordinator of a Catholic movement, who used to practice yoga, johrei and had sixteen out of the twenty three levels of the yoga therapy, decided to participate in one of our retreats because she had read a testimony in my book "Effusion and Rest in the Holy Spirit" where I refer that yoga and reiki are not recommended for Catholics. Before the retreat we had long talks on the phone during which I tried to explain and clarify why reiki, johrei and yoga therapy were not recommended. But she kept talking only about the universal energy and its healing power and about her own personal experience of imposing her hands on others to channel that energy. Fortunately she went to one of our retreats and, after hearing my talk on those demonic healing techniques involving hands and with some further clarifications, she was convinced that those techniques did not come from God. She went for confession about being involved in those practices that are a breach of God's first Commandment. The lady participated later in other retreat that we had organized and it seems that she was resurrected. However, some days later, when I called her, she once again had some doubts because she had talked to a priest, her spiritual director, and he had told her that those practices were not bad because he himself was doing for example acupuncture and shiatsu.

In another retreat that we have made, we met a prayer group where the lady who led the group used to go with other ladies to the Ascended Masters and the local priest did not consider it bad at all! In our retreats in Portugal we contact with many people who practice yoga therapy, reiki, johrei, for example, and when they listen to my talk they go to confession. Others meet me in the end to ask for more clarifications and to try to find answers for their doubts. In fact they thought that those practices had nothing wrong with them as they had experienced an improvement from their illness after practicing it. But not only lay people think

like this. A friend of mine, a priest, used to go for reiki and acupuncture because he had kidney problems and he did not see any problem with that until he heard about its dangers.

In a retreat in Angola, I came to know that a religious sister was using the pendulum and other doubtful healing techniques through the laying on of hands. Also in Angola in a mission where we had preached a retreat during one weekend, we found on Sunday outside the Church two "Catholic" vendors who were selling besides religious articles other objects used in demonic practices by African healers and sorcerers like salt bags for salt baths, bags with different herbs for smudging, small bottles with oil and vipers for anointing and magic, etc. We had to ask the priests of the mission to expel them because what they were selling was spiritually harmful for believers as we had explained on the previous day during the talk and in the renunciation prayer. Until then, the priests had nothing against those sellers and had a high opinion of them as they used to come every Sunday to the mission to collaborate with them in the evangelization, selling religious articles. They were unaware of that, because no one has ever told them about the danger and the use of those demonic objects they were selling.

Recently in Portugal I have participated in two retreats with Catholic priests in a seminary near the place where I live. On both retreats, New Age courses were being held in the auditorium near our room using the universal healing energy through the different techniques. Those courses taught by foreign trainers had a large number of participants, most of them very young. We also see Catholic pilgrimages to the West region of Portugal which include visits to the "Buddha Eden" Garden, a space for spiritual meditation built in Bombarral (Portugal) as a response to the destruction of the giant Buddhas of Bamiyan in Afghanistan. I could mention many other cases.

Satan is a liar and the father of lies (Jn 8:44) and he has spread a big lie all over the world: that conventional medicine is based on chemical medicines which are harmful to health. On the other hand, he has introduced the so called alternative medicine and the energetic healings through hands, such as yoga therapy, reiki, several types of therapies and energetic massages, among others. Besides that, Satan has taken people away from prayer and all other forms of Christian meditation and has introduced other practices like zen meditation, transcendental meditation, yoga meditation. All sorts of healings are being offered through crystals, colors, metals, music, energetic rings, mandalas, etc. which are based in evil spirits and in Hindu superstition. It is said that the source of all healings is the energy inside or outside us and what transmits and spreads that energy are the chakras and the auras of the human body. Everyday new healing therapies and techniques involving hands appear with different names but all of them have the same origin: the “cosmic energy”, the “universal energy”, the “divine energy” among others. It is an occult energy that, as we will see further on, does not come from God. All these teachings have their origin in Hinduism, Buddhism and Spirituality, through which people come in contact with the superior or inferior world of energies through rituals, using the imagination and intermediaries called spirit-guides, angels of light, etc. who are in fact demons.

In 2003, Vatican has published the document “Jesus Christ, the Bearer of the Water of Life: A Christian Reflection on the New Age” which says clearly that all esoteric healing therapies or those related to New Age based on these energies are contrary to Christianity, and Christians are asked not to practice these and abandon these practices.

More recently in 2009 the Committee on Doctrine of the United States Conference of Catholic Bishops published the document “Guidelines for evaluating Reiki as an alternative

therapy”, where Catholics are warned that reiki is dangerous for their spiritual health because neither the Scriptures nor the Christian tradition have ever mentioned the natural world as based on the “universal vital energy” subject to manipulation of thoughts and human will. On the other hand, as it is a technique which promotes the call for angelic beings or the “reiki spiritual guides” there is the danger of being exposed to evil powers.

I would like to clarify that we never call for any energy in the Effusion and Rest in the Holy Spirit and in every Christian prayer. In these prayers we only believe in Jesus and in the work of the Holy Spirit and in His power to heal and to liberate. For a less careful observer some similarities could be found between the Effusion and Rest in the Holy Spirit and the demonic practices of energetic healings. However we can see that they are totally different when they are analyzed with detail. Today, as in other times, there are wolves in sheep’s clothing (Mt 7:15) and it is important to unmask their fallacy. Therefore in our days, Christians need much wisdom of the Holy Spirit in order to distinguish between good and evil and to live a holy life without becoming contaminated by a perversion of the truth and of justice that dominates this world full of demonic healing techniques.

This book aims to clarify the ignorance of many about these techniques, to enlighten about the main common principles to the majority of demonic healing techniques involving hands, to make a brief individual explanation of some of the most common techniques which are used in Portugal, to show that Jesus is Alive and He is the powerful Divine Physician and the only One who Heals. It is also mentioned that Jesus founded His Church to continue His work and that besides the power that He has given to His disciples, He has established the healing Sacraments: Confession, Eucharist and Anointing of the Sick.

The book presents some testimonies of victims of demonic healing techniques involving hands and also some testimonies of physical healings which had happened in retreats or at the prayer group coordinated by me. These testimonies testify the power of God and His Church to help us grow in holiness. I also give my personal healing testimony.

I thank all those who have shared their experiences with me, either as victims of the devil or as being blessed with the Mercy, Grace and the Love of God. May all those testimonies be for the Glory of God and that God continues to fill us with all His Blessings.

João Carlos da Silva Dias is a Professor at the University of Lisbon, Portugal. He is married and has two daughters. He attended the Courses of Evangelization "Philip", "John" and "Paul" coordinated by Father Jean Simonart in which he consecrated himself as a "Disciple of Jesus". He later attended a School of Evangelization. He participated in countless charismatic retreats including the "School of Charismas" preached by Damian Stayne, founder of the Community "Cor et Lumen Christi". He attended a Course for the formation of Priests called: "The ordinary and extraordinary activity of the devil. The weapons of the Church: prayer and the Sacraments" that was coordinated by Father Gabriele Nanni. Up to now, João collaborated with different charismatic priests from Portugal and other countries both in the music ministry and in the ministry of healing and deliverance from spiritual bondage. He organized 32 of the retreats of Father James Manjackal in Portugal, as well as other retreats given by different charismatic priests. He contributed to the production of 3 CD's of spiritual songs and one CD with a Rosary. He currently coordinates an evangelization team called "Disciples of Jesus" and has preached numerous retreats of "New Life in the Spirit" throughout Portugal, Azores, Germany, Angola, India, United States of America and Brazil. He gave testimonies of his personal conversion and teachings in Tanzania and Zimbabwe. He coordinates a charismatic prayer group in his parish.



Jesus is the only Divine Physician who can heal spiritual and bodily diseases. Jesus came to heal the sick, that is, all of us and continues healing today because He is the same yesterday, today and forever. His power did not end in the beginnings of the Church. The healing ministry has always been integral part of the Church. Jesus extends His powerful hands through His disciples to perform signs, miracles and wonders. We are living in a privileged time of the Holy Spirit. The Lord is releasing a copious flood of gifts of the Holy Spirit upon his disciples, priests and laymen in order to make the Church grow, to make her fruitful, beautiful and wonderful and to attract the attention of the indifferent and pagan world. It is in this pagan world in which many demonic healing techniques or therapies involving hands proliferate. The aim of this book is to put an end to the ignorance of many about these techniques, to enlighten them about the main common principles in the majority of them and to make a brief individual explanation of each of them. The book presents some testimonies of victims of demonic healing techniques involving hands and also some testimonies of physical healings which have taken place in retreats or at the prayer group coordinated by the author. These testimonies testify to the power of God and His Church in order to help us grow in holiness.

To order copies of this book:

"Discípulos de Jesus" – mirjsd@gmail.com
Cellular Phones.: 00351 914 137 940 / 00351 919 355 212

